

AWAKENING DYNAMICS® VIP CLUB SPECIAL EVENT

How to Choose a Healer

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Day 4: Obvious and Overrated Decision Factors, Part 1

Earlier in this series, we first explored the three most under-rated or missed factors in choosing a healer/teacher/etc, and then we covered the #1 most common mistake made in choosing a healer/teacher/etc.

Today and later in the series, we're going to explore the obvious but most over-rated factors used in choosing a healer/teacher/etc.

However, before listing any of these factors, I want to emphasize that these factors are NOT bad things to always avoid! Instead, they are surely valuable and important factors and should be considered. I mention them here primarily because they are typically over-valued and/or over-weighted in the decision process.

OVER RATED DECISION FACTOR ONE: Physical Proximity

The most common way many of us choose a teacher/healer/coach etc. is by putting the name of their technique or modality into a search engine, and finding the physically closest certified practitioner/instructor/etc.

While physical proximity is an important and legitimate consideration for someone like a body worker or live trainer where you have to physically travel for your sessions/classes/etc., don't let this factor alone overly influence your decision!

For choosing a teacher or coach or practitioner for one-on-one private sessions, we are quite fortunate to live in the modern age of cheap long distance, the Internet, and Skype, where physical proximity is not nearly as important as it used to be. In fact, I do over 95% of my private sessions remotely, and I actually prefer remote sessions for a number of both practical and esoteric reasons. And for the last several years, I've been doing my Wealth Club, Health Club, Love Club, and other similar group healing events remotely via tele-seminars. (FYI, I used to do them as live events in Los Angeles, and then as "simulcasts", but now they're all done as live online virtual events using tele-seminar software.) So, most of the time physical

proximity is minimally important for finding the right practitioner for private sessions; I have clients on every continent except Antarctica!

When choosing a teacher for live trainings, obviously the expense and time required to travel will factor in your decision. I strive to always take advantage of technology to make the seminar experience as positive and inexpensive as possible for my students, so I offer the Awakening Dynamics live training classes as “simulcasts” where there is a live seminar event in a hotel conference room as well as a live streaming broadcast with an online chat room and a separate crew of online assistants to ensure that the online streaming experience is as close as possible to being in the hotel. I also offer full recordings of all the classes to every registered student. This makes the classes available to people for whom travelling would be difficult or impossible due to the expense or the inability to travel due to the need to care for children, a demanding job, etc.

However, of course not every teacher offers live streaming classes with full recordings like I do. (It is much, much easier, simpler, and less expensive to do a live-only class instead of an online simulcast!) If you are considering attending a live-only class where you must physically travel, I think it is well worth the travel time and expense to get the best teacher; the expense and hassle will be well worth it to get a great teacher!

Here’s a fact: all energy healing and spiritual teachers are NOT created equal! Some may be great practitioners, but simply have not put in the years of study, training, and practice to also be great instructors and demonstrators. Other teachers may have just completed the minimum of a couple weekend seminars necessary to get official teacher certification, with little or no real understanding or mastery of the material. (For example, while I have a lot of respect for Reikki healing and think it is a valuable and worthwhile modality, I’ve been told that all it takes to be certified as a “Reikki Master” is to take a couple weekend seminars. Is that really somebody you want to learn from?)

Understandably, there’s a lot fewer spiritual teachers that have thousands of hours of experience as a full time professional practitioner, and hundreds of success stories and testimonials, and years of high-level training and real-life experience in the art of teaching a fun and engaging class. In fact, I’ve had many of my students tell me that the most important things they learned in my classes were not what was in the curriculum or in the manual; instead, they benefitted most from questions and answer sessions, or tangents, or stories I told to illustrate a point or a concept.

And please do not underestimate how important it is to find a teacher who knows how to lead a fun, well organized, and engaging class! You’ll learn WAY more from a great teacher who engages you in a fun experience than you will from a mediocre or even good teacher presenting the exact same material.