

# AWAKENING DYNAMICS® VIP CLUB SPECIAL EVENT

## How to Choose a Healer

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### Day 2: The Three Most Critical Decision Factors We Overlook

Today we're going to explore the three critical but commonly overlooked factors to look for in a potential healer, trainer, teacher, mentor, or coach. In other words, these are the things that are really important, but also the ones most of us either don't consider, or don't give enough weight to in making decisions about whom to work with. (Later in this series we'll also take a look at the obvious decision factors that are routinely over-rated and over-valued.)

The three factors I encourage you to consider when choosing a coach or healer or trainer of some form are:

1. Choose someone who has actually accomplished what it is you intend to achieve from your healing/coaching/training.
2. Do you want to be more like this person?
3. Intuition, Energetic resonance, and "liking" someone.

#### **FACTOR ONE: Choose someone who has actually accomplished what it is you intend to achieve from your healing/coaching/training.**

This is probably both the single most important and yet single most commonly ignored factor in finding the right person! The danger here is that there are many people offering expensive coaching packages or online or live trainings who have NOT actually achieved what they teach.

For example, be careful of purchasing an expensive coaching or wealth building system from somebody who has only made money selling wealth building programs. Why? Because any legitimate wealth-building teacher who has "the right stuff" will have the consciousness to make money in different industries and in different ways, and not just by selling wealth building programs! For myself, I feel legitimate in teaching wealth building techniques not only because of my years of study of the mechanics of energy and manifesting, but I've also had success in the computer software industry, in real estate, as an inventor, as well as a professional healing practitioner and spiritual teacher. Life has repeatedly forced me to "practice what I preach", and as a result I've been forced to prove to myself over and over again that what I teach really works!

At the same time, **I do not think it is important that a healing practitioner have direct experience with your particular injury, disease, or life situation to be a good choice.** However, they do need experience with getting consistently good results with whatever system or modality they use!

For example, if you have brain cancer, I don't think it's important to find a healer with a long track record of successfully healing brain cancer (even though that would be great); but you do need someone with at least some history of success with physical healings. However, in my humble opinion, I don't think it matters much what the details of those healings are. The nature of healings is such that the Divine Mind understands the details of how to manifest a healing of a particular condition, not the human healing practitioner.

## **FACTOR TWO: Do you want to be more like this person?**

This is an important "holistic" decision making factor! Ask yourself: all other things being equal, do you want to be more like this person? If the answer is not a clear "YES", then you should go find someone else to work with!

I've heard it said that we are essentially a composite of the five people we spend the most time with; and this influence is amplified when the person is a healer/coach/teacher/etc. whom we respect and choose to learn from. An obvious corollary is that you will, over time, become more like the people you spend time around, especially figures whose opinions and advice are important to you, such as healers and coaches.

So the question for you is simple: do you want to become more like the people you are working with? If not, keep looking!

## **FACTOR THREE: Energetic Resonance**

The best and most powerful method of finding the right teacher, modality, technique, product, class, trainer, coach, mentor, etc. for you is quite simple, but perhaps not easy: use your intuition!

If you are a natural or trained intuitive, you already know that all the best heuristics, guidelines, and principles in the world are not as helpful in making a good choice as clear intuition. However, if you are not an experienced intuitive, I want to provide a few hints that you can use to distinguish a good choice from a bad choice.

One thing we're looking for in an effective healer/teacher/etc. is the right energetic resonance. When the energy is right, you'll thrive and get great results! However, it is sometimes difficult to distinguish powerful energetic resonance from simply liking someone because you have similar or congruent belief systems or mythologies. In other words, most of us will tend to like people who run similar limiting mythologies because they tend to reinforce what we already believe. A great healer or coach won't be concerned with catering to your myths; instead, they'll strive to connect you to truth by honestly and directly informing you of where you need to make adjustments.

With time and practice, you'll learn to identify the teachers that are grounded and have something valuable to share, as opposed to teachers that you like simply because they are telling you what you want to hear.

One thing I read when I was young that's stuck with me my whole life is a quote from Merlin in a story about King Arthur: when Merlin was asked why he continued to give advice to those who nearly always

ignored it, Merlin says “Most people don’t actually want good advice; they simply want you to agree with what they’ve already decided.” And one of the distinguishing features of a great teacher/healer/etc. is that they won’t be afraid to disagree with you or tell you what don’t want to hear!

Unfortunately, there are far too many con artists and scammers out there selling high priced coaching packages and getting away with it because they are masters of telling you what you want to hear. I’ve been scammed and conned so many times and lost so much money that it’s either ridiculous and funny, or devastating and depressing, depending on how I look it. I don’t want you to lose tens or hundreds of thousands of dollars to con artists like I have, and I encourage you to learn from my mistakes rather than needing to make those same mistakes yourself!

If you are seriously considering an expensive or long term coaching package or series of classes or trainings, here’s a few red flags to watch out for:

- 1) If anyone repeatedly mentions or tries to convince you that they are not a con artist, they are a con artist! (The two people that stole the most money from me both repeatedly made efforts to convince me they were not ripping me off...and guess what? They were!)
- 2) If there is a significant amount of money involved, be sure to check references.
- 3) Be careful about making significant up-front payments until you are convinced that the healer/coach/program is legitimate and will actually be around to deliver the sessions or program. Not long ago, I was scammed by a life coach who promised me a 100% refund on any unused sessions at any point if I wasn’t happy...and after spending over a year working with him and getting nowhere, I asked for a refund, and rather than pay me he left the country. (I don’t want to publish his name, but I’d be happy to share the details confidentially in a private session.)

You might also arrange a private session with me or your favorite healer/intuitive (and be sure to pick someone with no conflict of interest!) to help get clear on the decision.