

# AWAKENING DYNAMICS® VIP CLUB SPECIAL EVENT

## How to Choose a Healer

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### Day 5: Obvious and Overrated Decision Factors, Part 2

Before presenting the second most over rated decision factor in choosing a healer/coach/mentor/etc., I want to emphasize again that these factors presented here are NOT bad things to avoid! Instead, these decision factors are valuable and important and should be usually considered; it's just that you'll make better, more functional decisions if you also consider the important but often-overlooked factors discussed earlier in this series.

#### OVER RATED DECISION FACTOR TWO: Price

In my experience (for both myself and others), price is often the dominating influence on who you choose to work with. Obviously you need to feel you are getting a good value, and you need to be able to practically afford whatever you are buying. But even within that context of affordability, most of us put way too much emphasis on finding the lowest price.

For example, if you're looking for an energy healing practitioner, you might go to some web sites and do a search on everyone who is certified in a certain modality in your area, and then pick the person with the lowest hourly rate, figuring that will give you the "best value". Be warned that trying to maximize value per dollar by choosing the lowest hourly rate can be misleading!

To provide a specific counter-example, when I started doing healing professionally in 2004, I charged a lot less for private sessions (less than a third) of what I do now. And I'm sure that nowadays I get plenty of potential clients look at my hourly rate and decide to go find another practitioner who charges a lot less. However, I can guarantee you that I am WAY more than three times better than I was back then; I'd estimate I'm probably at least ten or twenty times better due to my many years and tens of thousands of hours of professional experience. Heck, on speed alone, I'm at least ten times faster at identifying and clearing blocks now than I was then, so even neglecting all other factors, I'm more than 3x a better value per dollar than I was in 2004. (Yes, I am completely confident that I can achieve better results in 6 minutes today than I could in 60 minutes in 2004!)

You'll nearly always get better results doing fewer or shorter sessions with the "right" teacher/healer/coach/etc. than doing more or longer sessions with someone who is cheaper per session or per hour. I've found this true not only for energy healers and life coaches, but also for body workers; I've personally had too many cheap or free massages that I felt were not even worth the time I spent driving there and laying on the table. 😊