

AWAKENING DYNAMICS® VIP CLUB SPECIAL EVENT

Mastering Your Personality

©2012-2017 Brent Phillips

<http://www.awakeningdynamics.com>

Effortless Clearing Audio

In order to help you embody the principles and lesson contained in these series, all new VIP Club special event series contain a *Formula for Miracles*® encoded effortless clearing audio to help you to automatically clear blocks from your subconscious mind.

Listed below are all the blocks and subconscious downloads covered by the effortless clearing audio included with this series. And, if you have not used *Formula for Miracles*® encoded subconscious clearing audios before, please see the instructions at the bottom of this article first!

Any statement in the list with a “NO” appended to it is one you want to get a “NO” result on your muscle testing; for the others, you want a “YES” result.

Lastly, if you have completed at least the *Awakening Dynamics: Secrets to Higher Dimensional Living* workshop (aka “Level One”), you can use the list below and do the downloads and clearings yourself using the CLEAR and DOWNLOAD macros. Of course you are welcome to use the audio, but I think you’ll find using the macros is a lot faster than listening to the audio.

LIST OF DOWNLOADS AND BLOCKS

My Personality

I have Creator's perspective on my personality

My perspective is the same

I know how to understand my personality

I know what it feels like to understand my personality

I'm allowed to understand my personality

It's possible to understand my personality

It's safe to understand my personality

Introvert and Extravert

I know the difference between introverts and extraverts

I know this from the Creator's perspective

I know how to distinguish between introverts and extraverts

I know what it feels like to distinguish between introverts and extraverts

I'm allowed to distinguish between introverts and extraverts

It's possible to distinguish between introverts and extraverts

It's safe to distinguish between introverts and extraverts

iNtuitives and Sensories

I know the difference between intuitives and sensories

I know this from the Creator's perspective

I know how to distinguish between intuitives and sensories

I know what it feels like to distinguish between intuitives and sensories

I'm allowed to distinguish between intuitives and sensories

It's possible to distinguish between intuitives and sensories

It's safe to distinguish between intuitives and sensories

Thinkers and Feelers

I know the difference between thinkers and feelers

I know this from the Creator's perspective

I know how to distinguish between thinkers and feelers

I know what it feels like to distinguish between thinkers and feelers

I'm allowed to distinguish between thinkers and feelers

It's possible to distinguish between thinkers and feelers

It's safe to distinguish between thinkers and feelers

Judicious and Perceptory

I know the difference between judicious and perceptory

I know this from the Creator's perspective

I know how to distinguish between judicious and perceptory

I know what it feels like to distinguish between judicious and perceptory

I'm allowed to distinguish between judicious and perceptory

It's possible to distinguish between judicious and perceptory

It's safe to distinguish between judicious and perceptory

Personality Blocks

Everyone else thinks the same way I do (NO)

Everyone else should be more like me (NO)

My spouse should be more like me (NO)

My boss should be more like me (NO)

My kids should be more like me (NO)

There's something wrong with me (NO)

My employees should be more like me (NO)

I have the wrong personality (NO)

I have a bad personality (NO)

I should be more like other people (NO)

Instructions for *Formula for Miracles*[®]-encoded Effortless Clearing Audios

In order to get the maximum benefit out of the effortless clearing audio, it is important to follow the guidelines below to clear your subconscious blocks:

Guideline #1: Listen to the effortless clearing audio with headphones

The audio program is encoded with sub-audible binaural beats to gently guide your brain down to a deep theta brainwave. This opens your subconscious mind and allows the healing energies to clear your subconscious blocks!

It is important to listen to these programs with headphones to benefit from the binaural beats. Any sort of headphones will do!

You can plug headphones into your computer, or download the audio file onto your iPod or phone or other portable music player, or burn the file onto a CD and listen to it on your stereo. Just be sure to be using headphones when you listen to the clearing audio!

Guideline #2: Use Muscle Testing as you listen to the block clearing sections

In order to get the maximum benefit from the block clearing, please follow along and use muscle testing not only to identify which blocks you have, but also to identify when they have been released. While you will get some benefit from listening to the clearing programs without using muscle testing, your results will be better and faster if you follow along and use muscle testing.

If you are new to muscle testing, there are instructions on how to do self muscle testing in the introductions to all the VIP Club Wealth Club, Health Club, and Love Club calls. There is also a discussion of muscle testing in the book *Where Science Meets Spirit: The Formula for Miracles*, which is a free download for all VIP Club members.

If you'd like an in-depth tutorial and explanation of muscle testing, check out the video *Secrets of Muscle Testing*, which includes a wealth of information on what muscle testing is, how it works, how to troubleshoot muscle testing problems, and step-by-step video tutorials on doing four different kinds of muscle testing. This video is free for all VIP Club members.

If you have trouble with self muscle testing, you might consider getting a TruTester muscle testing aid. I got my TruTester after doing over ten years of different kinds of muscle testing, and it's because my favorite method of self testing! If you are interested you can get a TruTester at:

<http://www.trutester.com/ffm>

Lastly, if you are having a lot of trouble with muscle testing and are getting frustrated, go ahead and just listen to the clearing audio without the muscle testing, because it's certainly better to go through the program without muscle testing than to not do it all!

Guideline #3: Do not attempt to drive, operate machinery, or do anything that is potentially dangerous or requires concentration.

The binaural beats coded into the block clearing programs will shift you to a deep theta brainwave, which is ideal for clearing subconscious blocks but is not safe for driving, operating machinery, or doing anything else that requires your attention, focus, or concentration. If possible, please do not be doing anything other than muscle testing while listening to the block clearing programs!

Guideline #4: Do your best to listen to the block clearing audio in its entirety

If possible, try to get all the way through the effortless clearing audio in one sitting. This is because the first few minutes of each effortless clearing audio are encoded with a special "glide" to gently entrain your brain into a deep theta brainwave, so it may not work as well to start listening to an effortless clearing audio in the middle.

If you are interrupted while listening to a clearing audio, or simply don't have enough time to get through the whole audio in one sitting, make a note of where you stopped, and next time start by listening to just the first four or five minutes of the block clearing program before you jump ahead to where you left off. This will allow the sub-audible binaural beats to gently glide your brain into a deep theta state before doing more block clearing! (If this confuses you, you can always just listen to the whole program again; there's no harm in clearing a block or doing a download multiple times.)